Employee Assistance Programs available to Police Department employees.

<u>Lower Hudson Valley Employee Assistance Program</u>: A union-sponsored plan designed to help members and their dependents that have personal or family problems.

The program helps people get assistance as soon as possible in order to keep the costs of health care, absenteeism, lateness and unnecessary terminations, and grievance procedures at a minimum. A UNION SPONSORED E.A.P offers proven, confidential and cost-effective solutions

Drinking & Drug Problems
Job Stress
Health Concerns
Burnout
Legal Issues
Parenting Problems
Work Performance
Financial Stress
Anger Management
Family Problems
Gambling Issues
Depression & Anxiety
Relationship Issues
Marriage Problems
Codependency Issues

The Family Center for Behavioral Health:

Dr. Robert DeYoung has been providing individual, couples, and family counseling and several effective trauma interventions to the Tri-State area (NY, NJ, PA) with 32 years of experience.

Dr. DeYoung has law enforcement training and has worked as a police officer. He is a police instructor and regularly teaches at area police academies.

The Warwick Police Department utilizes Dr DeYoung's services for employee background screening, required evaluations and another employee assistance program reference for officers who may be more inclined to interact with someone they know and trust.

EAP offered through peers and the Union have a greater chance of being utilized.

The Union has engaged Crisis Counseling for family members following critical incidents in order to provide the people closest to the officer(s) with information and services that benefit in the post incident stresses that may arise.